

DBOS—Stauffer Colloquium

M. Gloria González Morales, PhD

Positive Occupational Health Psychology: How Individuals grow and Organizations flourish

Thursday, March 26, 2020

4:00 pm – 6:00 pm

Albrecht Auditorium | Stauffer Hall of Learning
925 N. Dartmouth Avenue, Claremont CA 91711

We spend most of our awake time working. Workplaces should not only be safe and healthy, but they should also be a place for people to grow and feel fulfilled. Positive Occupational Health Psychology focuses on workplace well-being to learn how to enrich our work lives and the organizations that shape our society. I will talk about the roles played by the individuals to lead their own development and by the organizations to create flourishing responsible workplaces.

The lecture is free and open to the public.

For more information, contact Linda Pillow,
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909-607-1410

DIVISION OF **BEHAVIORAL &
ORGANIZATIONAL SCIENCES**

 Claremont Graduate University



M. Gloria González Morales, PhD

Dr. Gloria González Morales is an associate professor of psychology at Claremont Graduate University. Her research has been funded with scholarships and grants, including a prestigious Fulbright scholarship and funding from the Canadian Foundation for Innovation. Her research involves the disciplines of occupational health psychology and positive organizational psychology and studies occupational stress, work-life issues, victimization, incivility and civility, and positive organizational interventions to enhance well-being and performance.

She is associate editor of Work & Stress Journal, and her research has been published in some of the world's top-ranked psychology outlets such as Journal of Applied Psychology, Journal of Occupational Health Psychology, Work & Stress, and Journal of Organizational Behavior. In addition, she serves on the editorial boards of Journal of Occupational Health Psychology, Stress & Health, Anxiety, Stress & Coping, and Occupational Health Science. She has been recently awarded the 2017 best paper award from the European Journal of Work and Organizational Psychology for her research on respite workplace interventions to foster employee well-being and the 2017-2018 best paper award from the Journal of Occupational Health Psychology for her research on defeating abusive supervision through supervisory training.

González-Morales has more than 10 years of experience consulting for organizations from different sectors (i.e., government, healthcare, hospitality, non-for profit, energy, and manufacturing). During the last seven years, as executive director of Organization & Management Solutions, she has led more than 20 consulting projects in diverse areas of practice: competency modeling as well as recruitment and selection systems, organizational development and change, needs analysis, performance management systems, engagement surveys, leadership, and team development and training.

Since 2002, the John Stauffer Charitable Trust has sponsored a series of informative talks on current research in applied psychology for DBOS students, faculty, and the general community.

Everyone is welcome to attend. Each one-hour talk is followed by a Q&A session and wine and cheese gathering